Translating genomics into HCV clinical practice

David Thomas

Context: HCV infection has discrete clinical outcomes that differ by race



Thomas JAMA 2000; Muir NEJM 2004

Caucasians and HIV negative were more likely to have HCV recovery

Factor	Adjusted Odds (95% CI)	Adjusted P	
Non-Black	5.15 (2.6-10.1)	0.0001	
HIV positive			
CD₄ ≥500	0.58 (0.22-1.30)	0.167	
CD ₄ 200-499	0.54 (0.27-0.95)	0.034	
CD ₄ <200	0.33 (0.13-0.73)	0.0001	
Age <45 year	1.8 (0.95-3.12)	0.056	
HBsAg positive	2.75 (1.00 -7.64)	0.058	

*Multivariate logistic regression model of 95 with recovery versus 722 with persistence (Thomas et al JAMA 2000).

LETTERS

Genetic variation in *IL28B* predicts hepatitis C treatment-induced viral clearance

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Seven SNPs within a 17-kb region around *IL28B* gene are associated with HCV recovery



Ge, Nature, 2009; Thomas, Nature 2009; Rauch Gastroenterology 2010

Seven SNPs within a 17-kb region around *IL28B* gene are associated with HCV recovery



C allele associated with PegIFN and RBV in IDEAL



First International Course of Translational Hepatology, Florence, 2011

Ge, Nature, 2009

IL28b genotyping helps predict SVR in Caucasians



Clark Am J Gastro

IL28b genotyping helps predict SVR in African Americans



Clark Am J Gastro

Independent replication of the effect of genetic variation in SNPs near *IL28B* and SVR

	Ge et al	Tanaka et al	Suppiah et al	Rauch et al
Race	Americans: European; African; Hispanic	Japanese	European; Australian	European
SNP	rs8099917; 1.72 x 10 ⁻²⁶	rs8099917; 2.68 x 10 ⁻³²	rs8099917; 9.25 x 10 ⁻⁹	rs8099917; 5.7 x 10 ⁻⁸
	rs1297860; 1.37 x 10 ⁻²⁸			
Gene	IL28B	IL28B	IL28B	IL28B
Adjusted odds ratio of failure by rs8099917 carriage	5.6, Hispanic 6.1, African 7.3, Caucasian	12.1	1.98	5.2

Ge D, et al. *Nature* 2009;461:399-401. Tanaka Y, et al. *Nat Genet* 2009;41:1105-9. Suppiah V, et al. *Nat Genet* 2009;41:1100-4. Rauch A, et al. *Gastroenterology* 2010; Jan 7.

Kinetics of HCV RNA decline differ early in IL28b haplotypes

Genotype 1 Caucasian patients



IL28b haplotype predicts SVR in HIV/HCV coinfected patients

Table 2. Distribution of hepatitis C virus genotypes and treatment outcome according to rs12979860 genotypes.

	CC (N = 75)	CT (N = 73)	$\frac{TT}{(N=16)}$	Р
HCV genotype [n	(%)]			
1 (N = 95)	34 (45)	51 (70)	10 (63)	0.001
3(N=51)	35 (47)	14 (19)	2 (12)	
4 (N = 18)	6 (8)	8 (11)	4 (25)	
Treatment outcon	ne [<i>n</i> (%)]			
SVR (N = 90)	56 (75)	27 (37)	7 (44)	< 0.001
NR $(N = 74)$	19 (25)	46 (63)	9 (56)	

Rallon AIDS 2010 (Pineda CID 2010, Grebley Hepatolgy 2010)

IL28B polymorphism and PegIFN/RBV + Telaprevir



Akuta N et al. Hepatology 2010 Accepted articles; http://www3.interscience.wiley.com/cgi-bin/fulltext/123333906/PDFSTART

EOT and SVR according to rs12979860 genotype

Telaprevir/PegIFN/RBV for total duration of 12 or 24 weeks



Akuta N et al. Hepatology 2010 Accepted articles; http://www3.interscience.wiley.com/cgi-bin/fulltext/123333906/PDFSTART

Both donor and recipient IL28 status are important for outcome of IFN treatment after liver transplant



First International Course of Translational Hepatology, Florence, 2011

Charlton Hepatology 2011

IL28B genotype is associated with pre-treatment intrahepatic interferon sensitivity gene (ISG) expression

- 61 HCV-infected patients with pre-treatment liver tissue
- Measure gene expression according to rs12979860 polymorphism
- CC vs non-CC:
 - 164 genes differentially expressed
 - 32 genes:
 - differences in expression
 - > ± 1.5-fold



Thompson et al. Gatro 2011

C allele associates with higher probability of spontaneous clearance of HCV



Thomas Nature 2009

Genetic variation in *IL28B* explains global differences HCV recovery rates in diverse ethnicities



Different frequencies in IL28B variants explain ethnical differences in HCV recovery rates

Thomas DL et al. Nature. 2009;461:798-801.

IL28b CC Affects Association of African Ancestry and HCV Persistence

Characteristic	OLD MODEL, OR	WITH IL28b CC (vs others)
EU ancestry	5.1	2.7 (1.2, 6.1)
IL28b CC	NA	4.1 (2.4, 7.0)

Mechanism of IL28b association unknown



Thio and Carrington, J Infect Dis 2010

No association of IL28b with HBV recovery

Genotype	Frequency in	Frequency in	Comparison	OR* (95% CI)	Р
	recovery, N (%)	persistence, N (%)			
	N=384	N=226			
С	489 (63.7)	292 (64.6)	C vs T	1.04 (0.82-1.33)	0.75
T/T	52 (13.5)	33 (14.6)	C/C vs T/T	0.90 (0.44-1.85)	0.77
C/T	175 (45.6)	94(41.6)	C/C vs C/T+T/T	0.99 (0.67-1.46)	0.95
C/C	157 (40.9)	99 (43.8)	T/T vs C/C+C/T	1.20 (0.69-2.08)	0.52

Thio and Carrington, J Infect Dis 2010

Clinical Applications of IL28b Testing in HCV genotype 1 infection

- In USA IL28b testing is commercially available
- Timing of treatment of acute infection
 - Start sooner for unfavorable genotype
- Timing of treatment for chronic infection
 - Delay for unfavorable genotype and low disease stage
- Clinical trials of new drugs stratified by IL28b status

Clinical Applications of IL28b Testing in HCV genotype 1 infection

- Type of treatment
 - Peg and RBV without protease inhibitor for favorable genotype (80% SVR)
- Type of staging
 - Noninvasive to detect cirrhosis if favorable (like genotype 2-3)
- ???Duration of treatment
- ? Use of IL28b favorable liver for IL28b unfavorable recipient

LETTERS

ITPA gene variants protect against anaemia in patients treated for chronic hepatitis C

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SNPs on chromosome 20 strongly associated with Hb decline at week 4

- Hemoglobin change at week 4 of PegIFN/RBV: > 3 g/dL and < 10 g/dL
- Anemia occurred in 9.1 11% of the population
- Among European Americans rs6051702 had genome wide significance; P = 10⁻⁴⁵
 - Weaker among African and Hispanic Americans
- Inosine triphosphatase (ITPA) gene
 - 2 gene mutation cause ITPA deficiency

Predicted ITPA deficiency is associated with less Hb decline at treatment week 4

Population Frequency of ITPA deficiency

Protective mechanism of ITPA deficiency is not known but does not impact SVR

- RBV metabolism differs in nucleated and nonnucleated cells
- RBV-TP accumulates → deplete ATP → hemolysis
- Potential mechanism(s)
 - Accumulation of ITP modifies the ratio of RBV-TP and ATP

Page T; Connor JD. Int J Biochem; 1990;22:379; Homma et al Clin Gastro Hepatol 2004;2:337; Bierau J et al. Future medicine 2007;8:1221

SNP at ribavirin transporter gene influences SVR post pegIFN and ribavirin

	Multivariate	
Variable	OR (95% CI)	P value
Older age, years		
Female sex		
Advanced liver fibrosis (Metavir F3-F4)		
Baseline serum HCV-RNA level <600,000 IU/mL	45.7 (8.7-240.5)	<.001
PegIFN- α (2a vs 2b)		
Ribavirin dosing (1200 mg vs lower doses)		
Plasma ribavirin trough concentrations >2.5 μ g/mL at week 4	4.8 (1.3–17.1)	.016
SLC29A1 gene polymorphisms (rs760370 genotype GG vs AG/AA)	15.9 (2.8–92.2)	.002
Concomitant antiretroviral therapy		
Median change in hemoglobin (g/dL) from baseline to week 4		

Morello JID 2010

Clinical application of ITPA testing

- Not commercially available in USA
- <u>Might</u> inform RBV dose
- <u>Might</u> inform patient counseling
- <u>Might</u> inform timing of rEPO

Select future areas of HCV clinical expression for genetic research

- toxicity and effectiveness with DAA
- liver cancer
- Extrahepatic conditions
 - cryoglobulin vasculitis
 - Porphyria cutanea tarda

Personalized Medicine for Hepatitis C

- IL28b gives important information on likelihood of spontaneous clearance and SVR
- Future applications of ITPA and other discoveries are changing