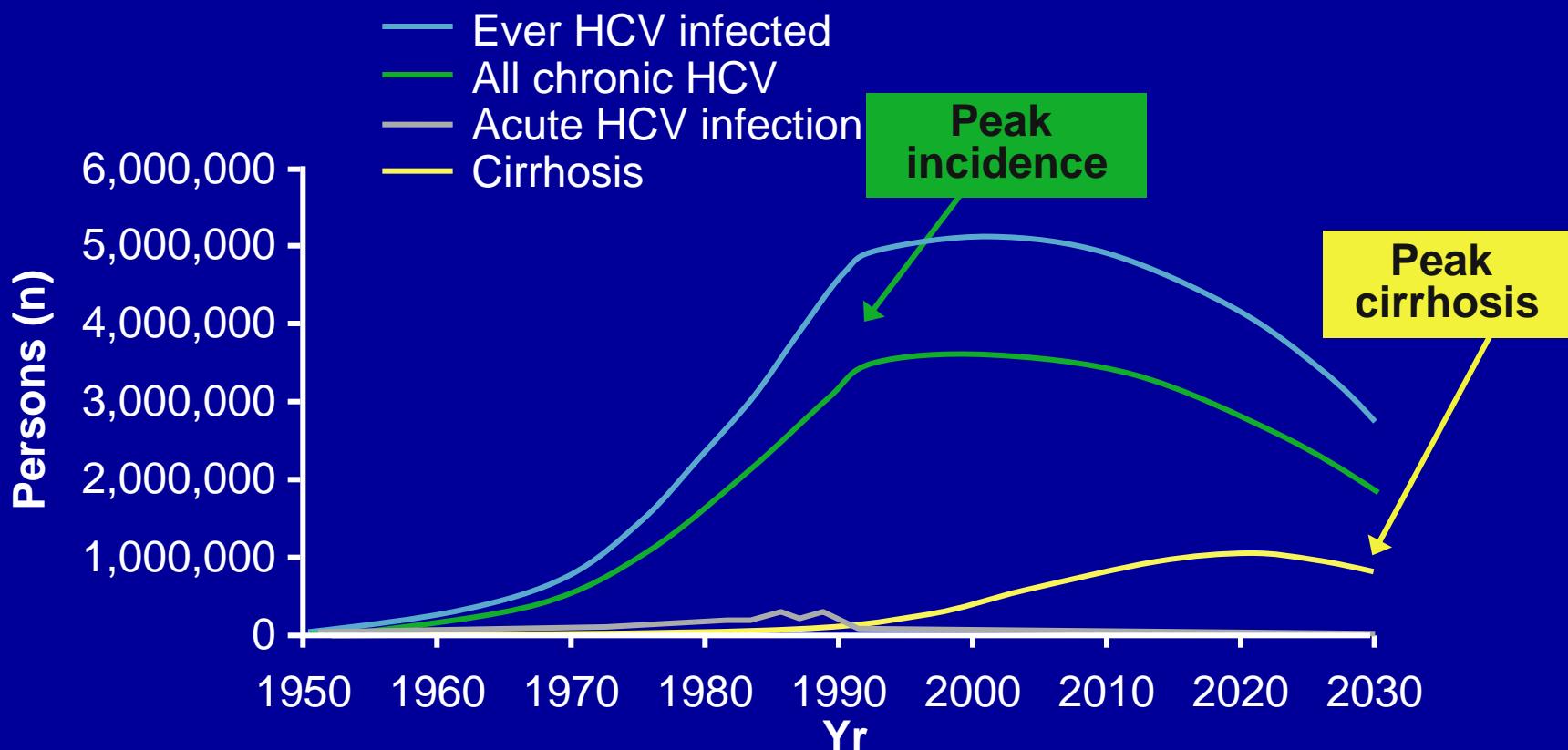


# **Anti-HCV Therapy: standard of care and current guidelines**

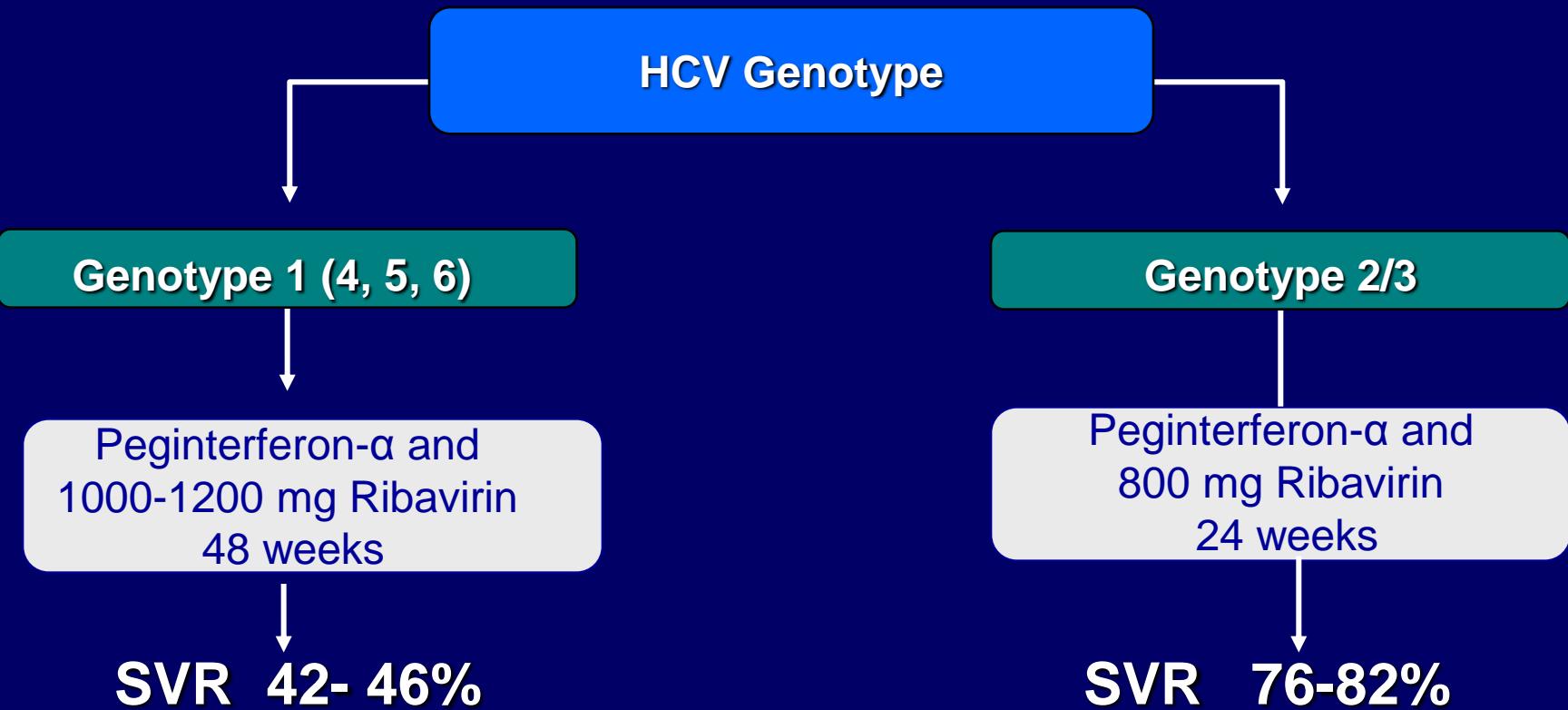
**Rafael Esteban  
Hospital General Universitario Valle Hebron  
Barcelona. Spain**

# The Changing Face of HCV in the US



Reprinted from Gastroenterology, 138, Davis GL, et al, Aging of hepatitis C virus (HCV)-infected persons in the United States: a multiple cohort model of HCV prevalence and disease progression, 513-521, Copyright 2010, with permission from Elsevier.

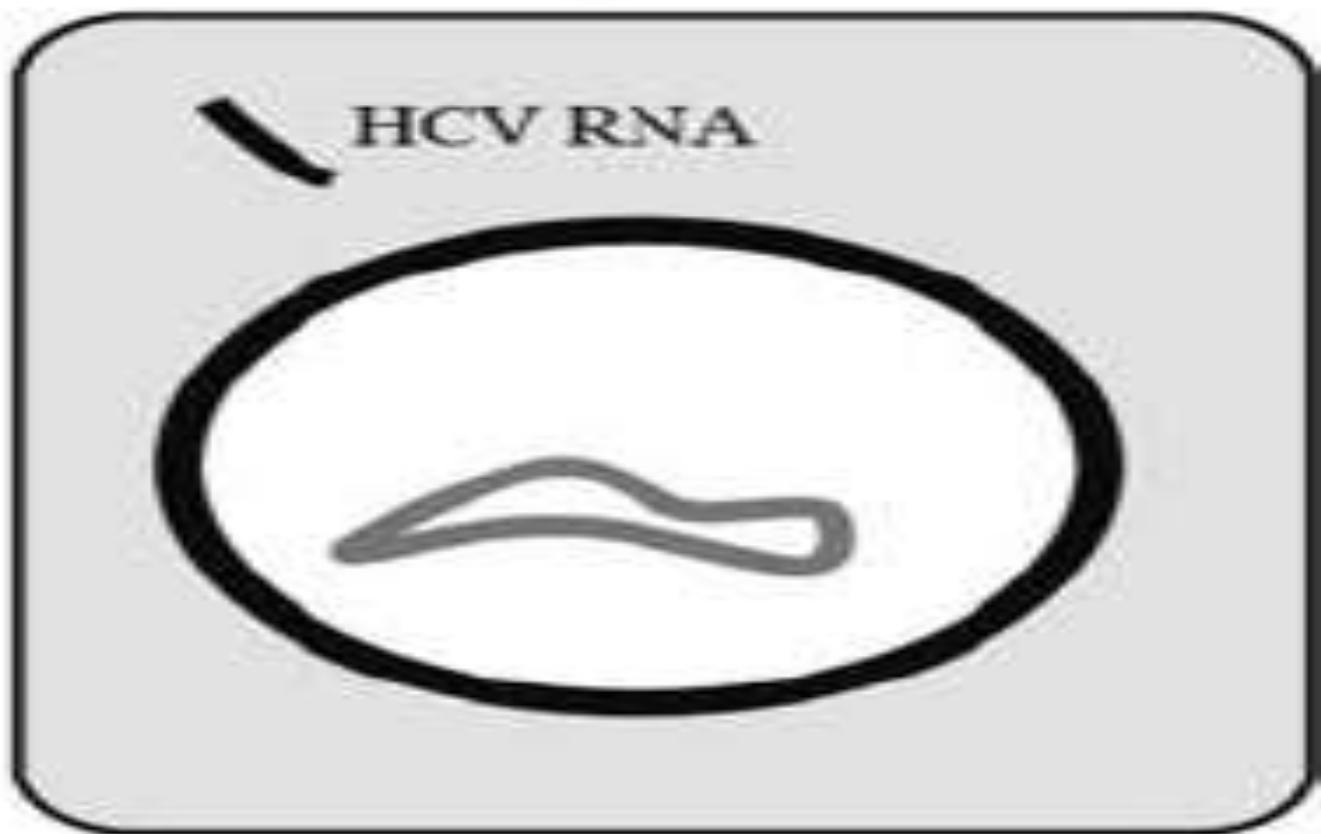
# Standard Treatment of HCV Peginterferon $\alpha$ and Ribavirin



**Insufficient Response, Multiple Adverse Events, and Expensive**

Manns et al., *Lancet* 2001 358:958-965 Fried et al., *N Engl J Med* 2002;347:975-982

# Hepatitis C is a Curable Disease



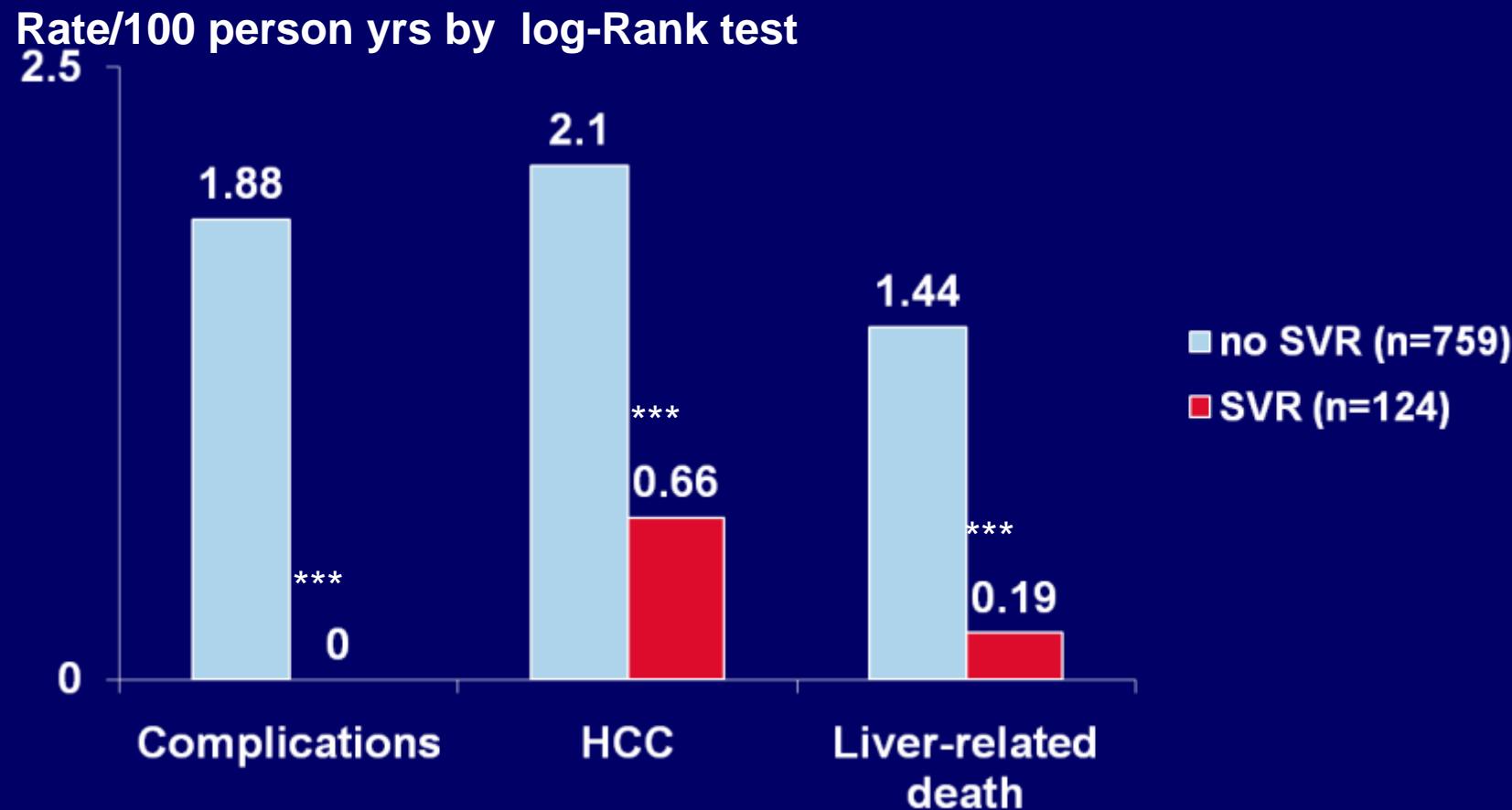
Definitive viral clearance



SVR possible for HCV

# Reduction in Clinical Outcomes after SVR

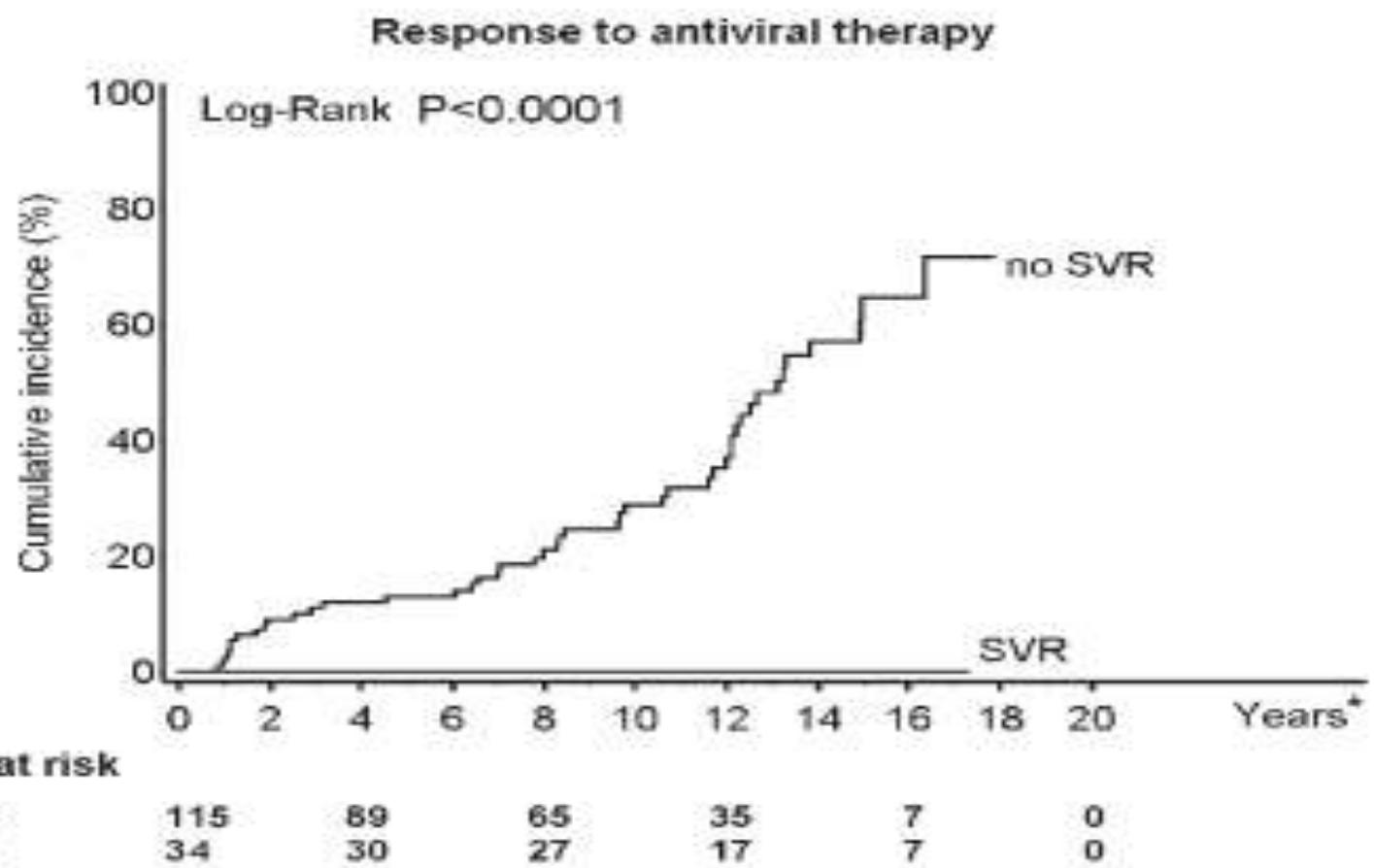
920 patients, 142 had SVR, all with cirrhosis, G-1 73%, F/U mean 96 mo.



\*\*\*p<0.001

Bruno S et al, Hepatology 2007; 45: 579-87

Incidence of Esophageal varices in 149 treated patients with compensated, HCV-related liver cirrhosis according to response to therapy



\*since antiviral treatment initiation

Bruno S et al. Hepatology 2010

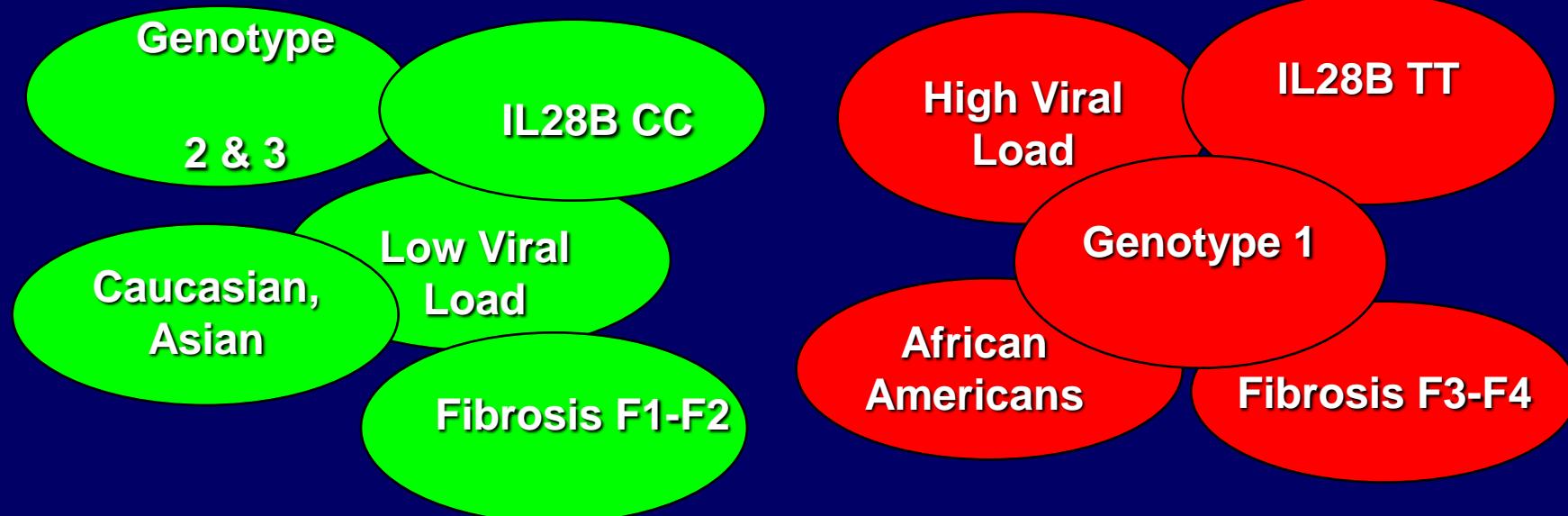
First International Course of Translational Hepatology, Florence, 2011

# Predictive Factors of Therapy Response

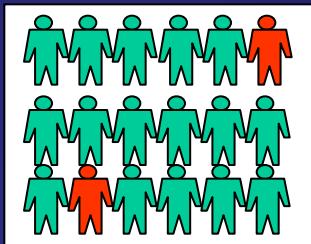
## Baseline Factors

### Positive

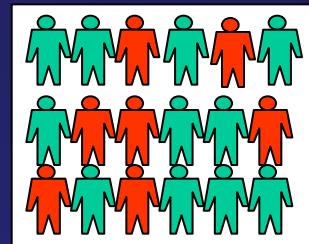
### Negative



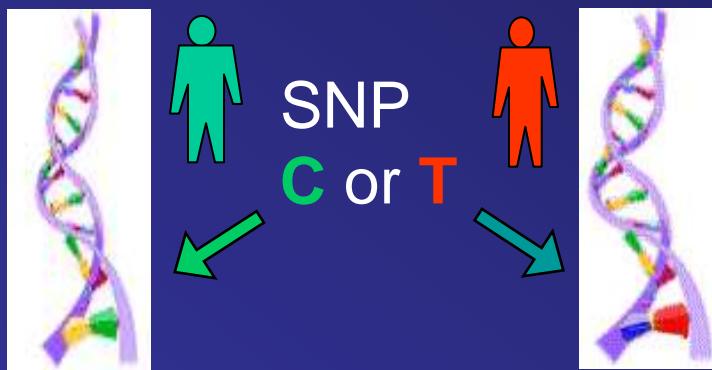
# What are Genome wide association scans (GWAS)?



Responders

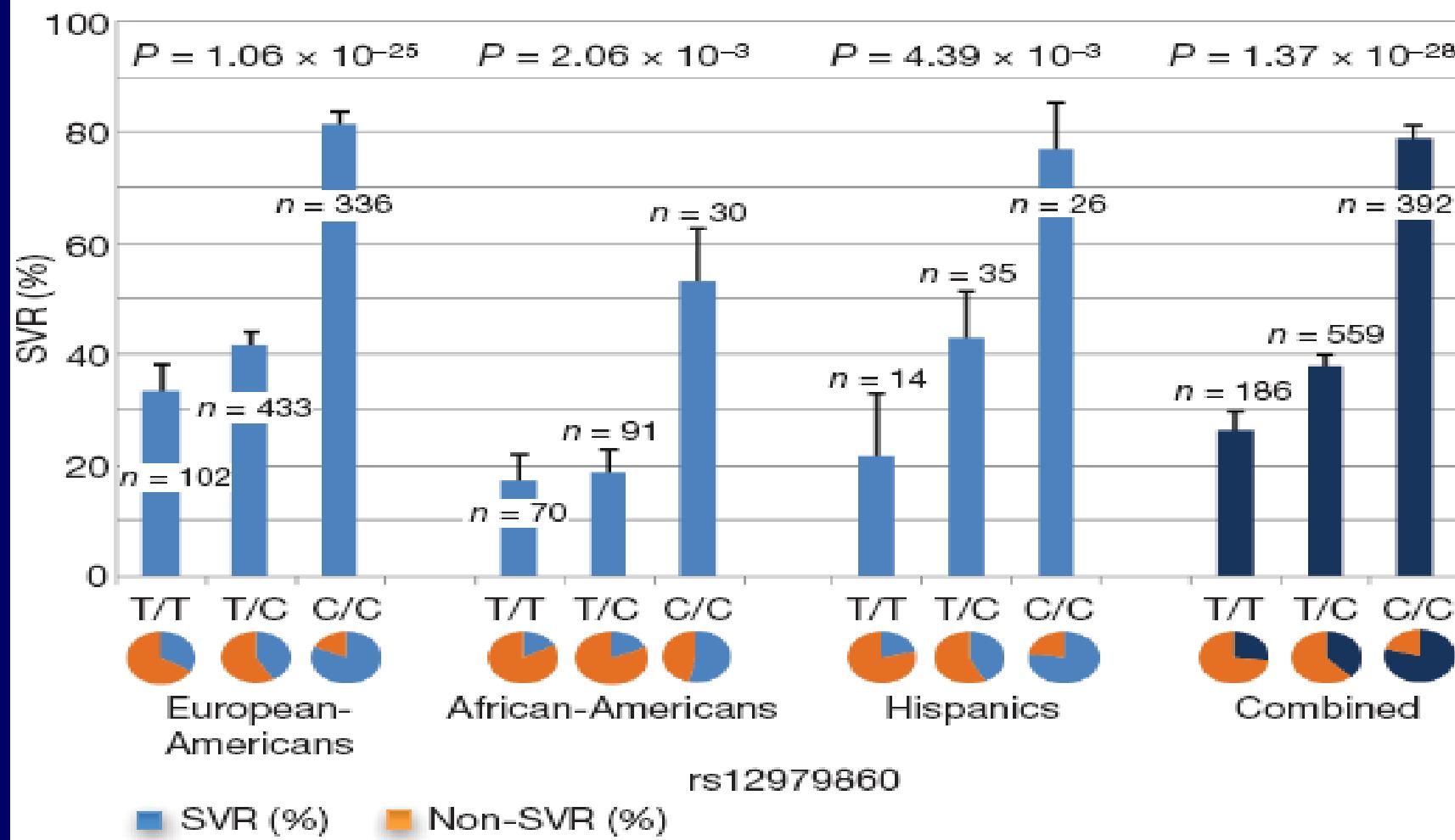


Non-responders



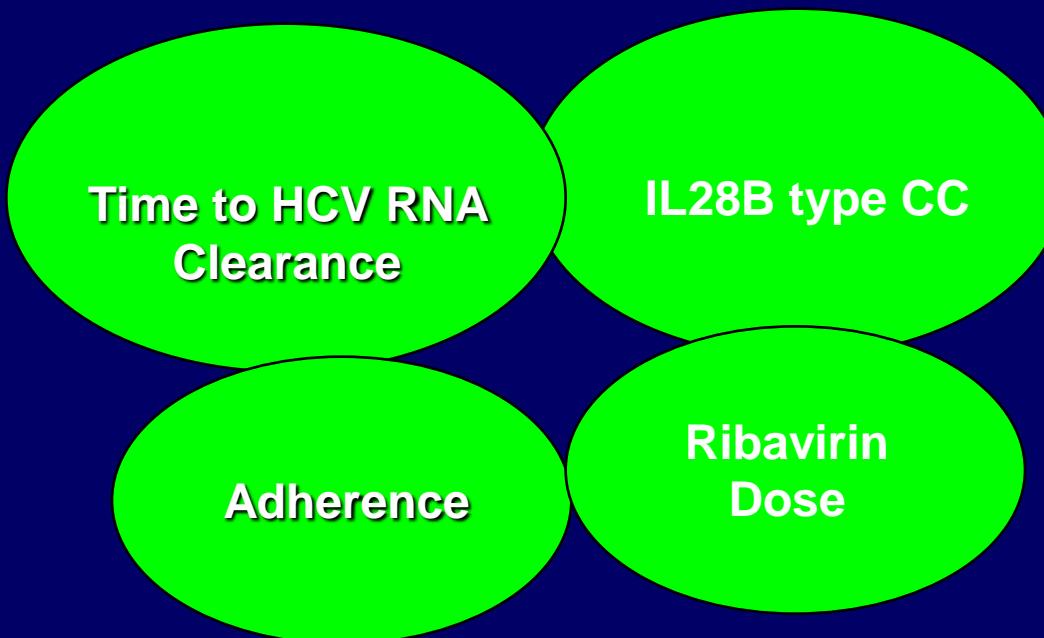
Pharmacogenetic  
Analysis of the rs12979860 C allele

# Genetic variation in IL28B predicts SVR in Genotype 1 Patients



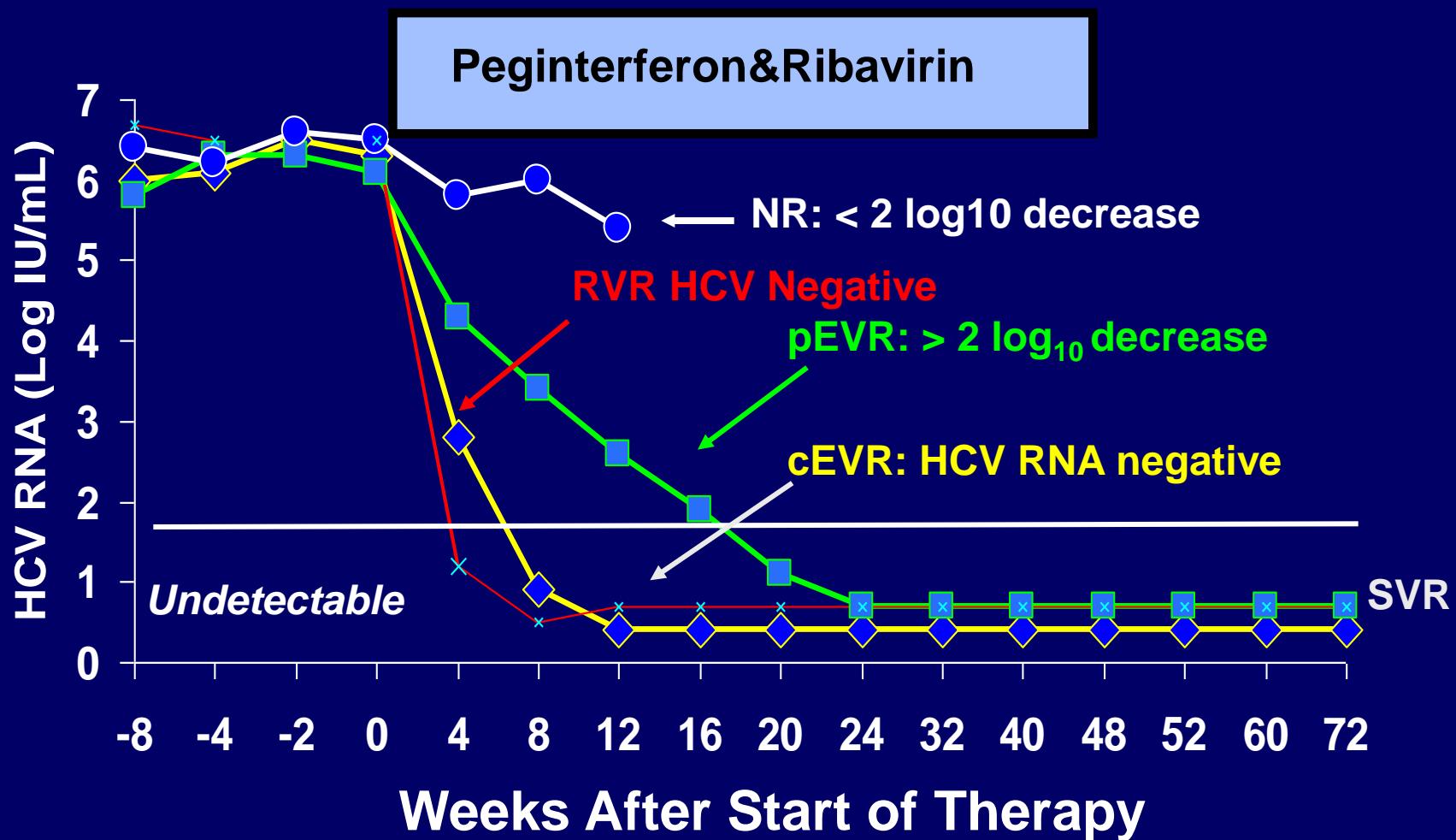
# Predictive Factors of Therapy Response

## During Therapy

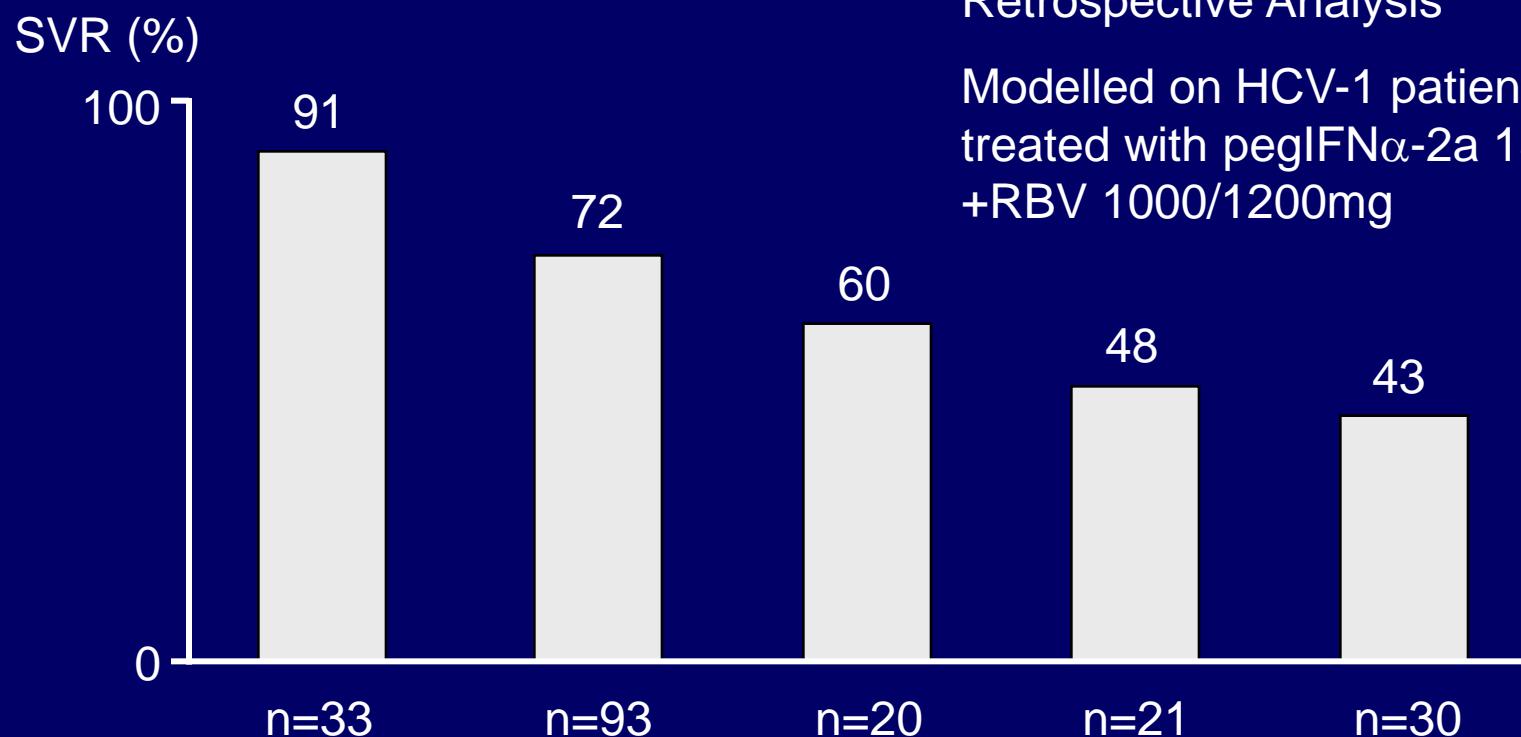


# CHRONIC HEPATITIS C

## *Patterns and Definitions of Virological Response*



# Rate of achieving undetectable HCV RNA level predicts SVR in genotype 1 patients



Retrospective Analysis

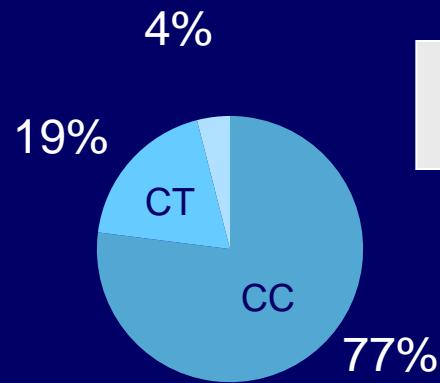
Modelled on HCV-1 patients  
treated with pegIFN $\alpha$ -2a 180  $\mu$ g/wk  
+RBV 1000/1200mg

## HCV RNA status

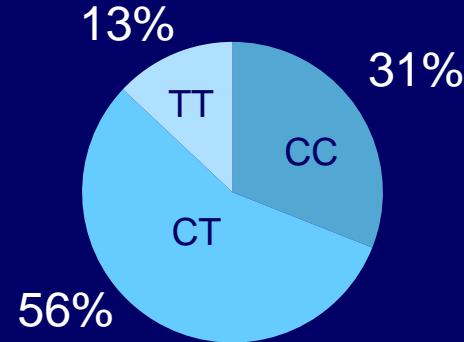
Week 4	Negative	$\geq 2\text{-log } \downarrow$	$< 2\text{-log } \downarrow$	$\geq 2\text{-log } \downarrow$	$< 2\text{-log } \downarrow$
Week 12	Negative	Negative	Negative	$\geq 2\text{-log } \downarrow$	$\geq 2\text{-log } \downarrow$
Week 24	Negative	Negative	Negative	Negative	Negative

Ferenci et al, J Hepatol 2005; 43: 45

# ***IL28B-type predicts SVR in Genotype 1 non-RVR patients***

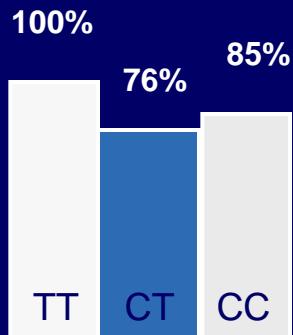


**Caucasians  
N = 1091**

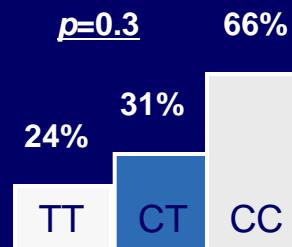


**RVR = 14%**

**Non-RVR = 86%**

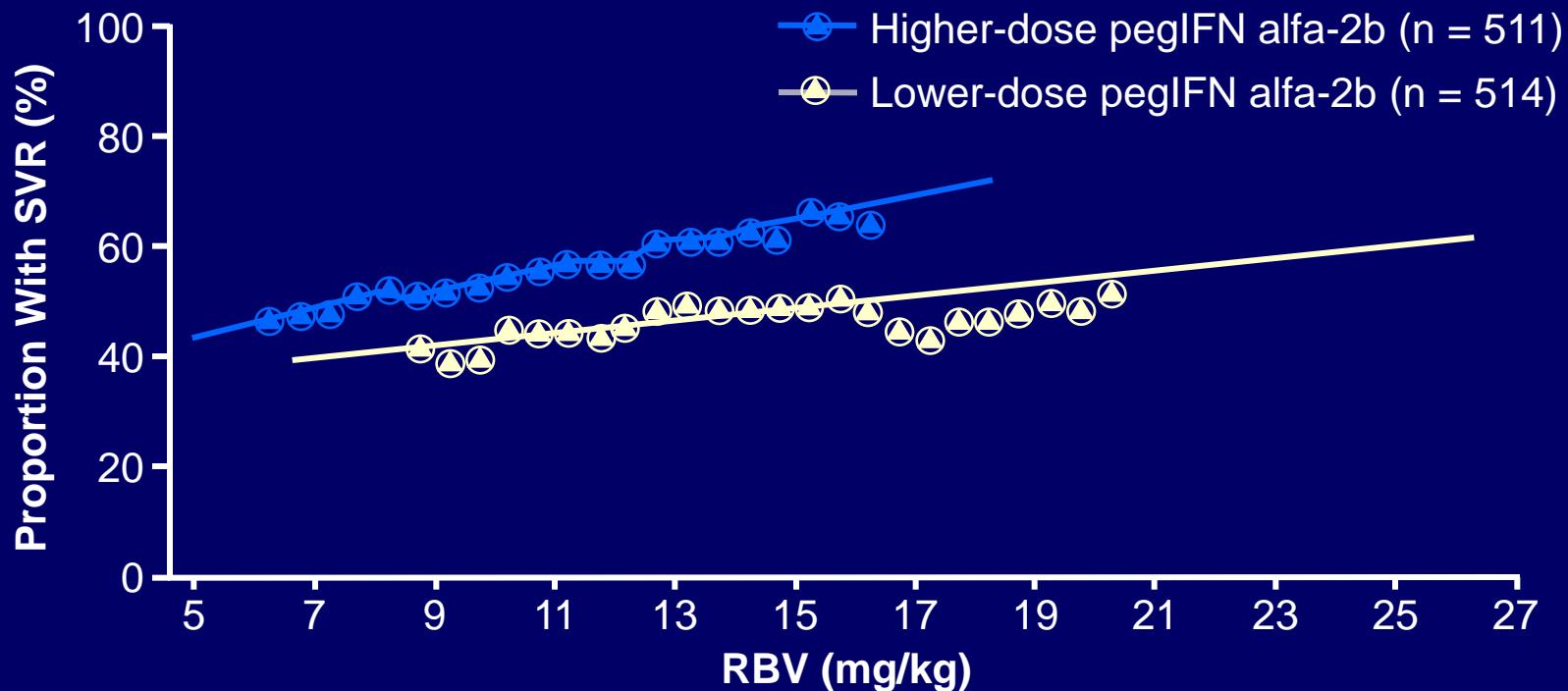


**SVR**



**SVR**

# Optimizing RBV Dose When Used With PegIFN

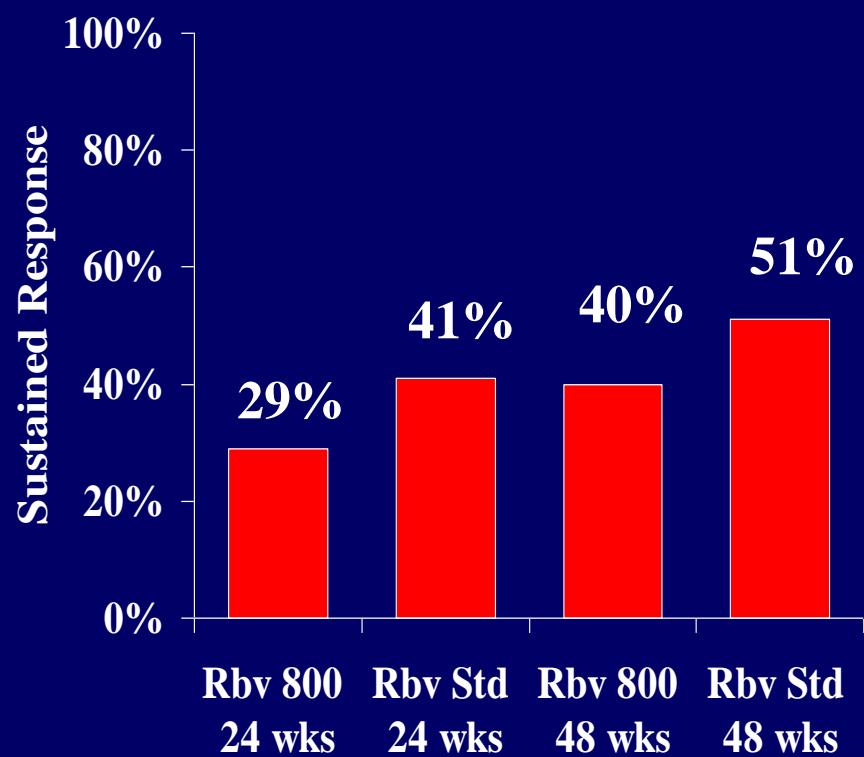


- SVR rate was higher in all groups when the dose of RBV was  $> 10.6$  mg/kg body weight (or  $> 800$  mg/day for a 75-kg person)

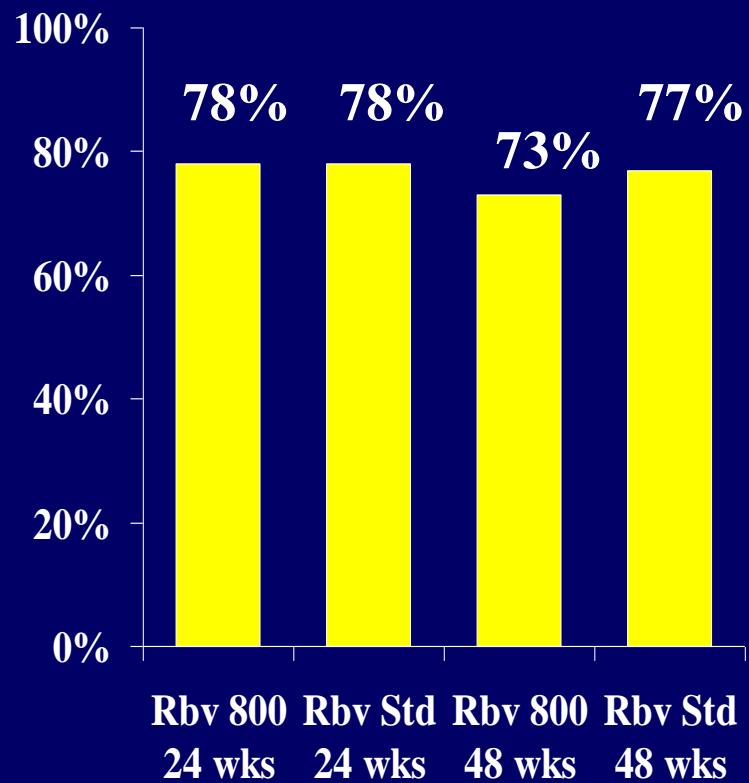
Manns MP, et al The Lancet, 2001, 358,9286,

# Peginterferon & Ribavirin for Chronic Hepatitis C

Genotype 1

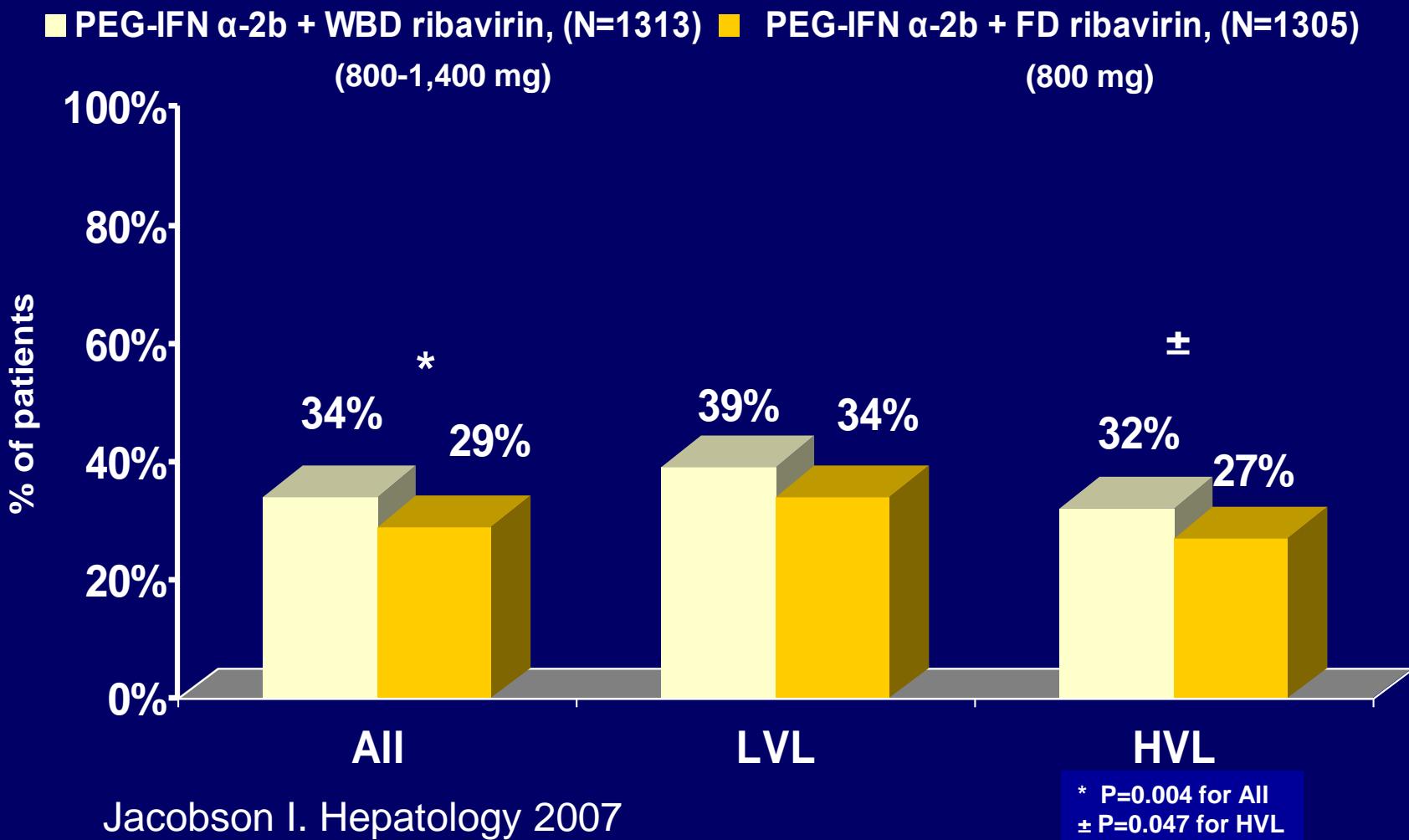


Genotype non-1



*Hadziyiannis et al 2002*

# Win-R Study. Sustained Virologic Response Genotype 1 (2,628 Patients)



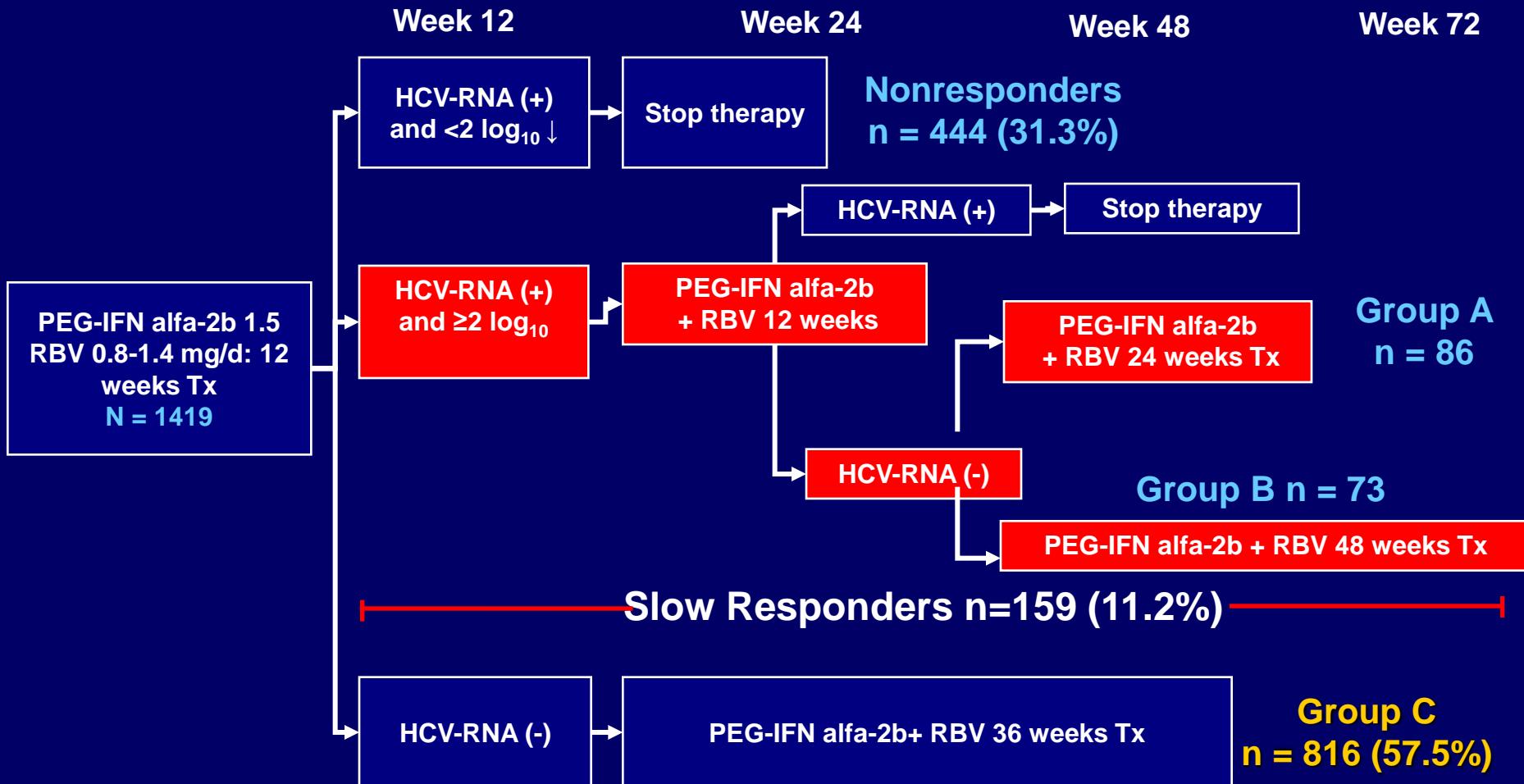
Jacobson I. Hepatology 2007

# Can Extended Therapy Duration increase SVR rates?

- **Studies in Genotype 1 Patients**
  - Heterogeneous
  - Different Ribavirin Dosage
  - Different criteria for selecting patients for longer therapy
  - Retrospective and Prospective
- **Studies in Genotype 2 and 3**

# Success Study: Genotype 1 Patients

- Enrolled 1,428 treatment-naive patients with chronic HCV G1

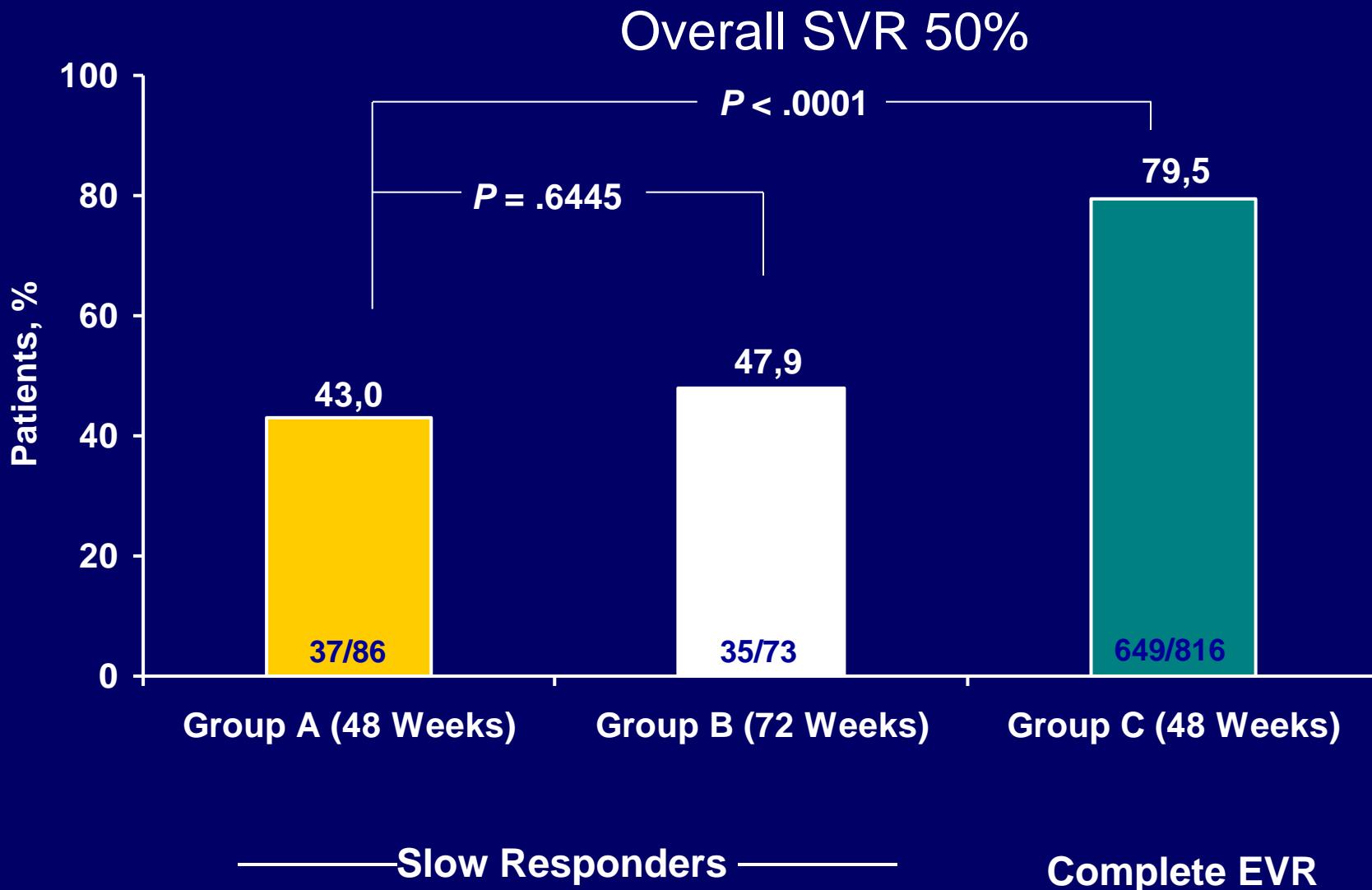


HCV-RNA Central lab Roche TaqMan assay (LLQ = 30 IU/mL)

Buti M, Esteban R et al Hepatology 2010

First International Course of Translational Hepatology, Florence, 2011

# SVR with 72-Week Treatment Was Not Statistically Superior to 48-Week in Slow Responders (ITT Analysis)

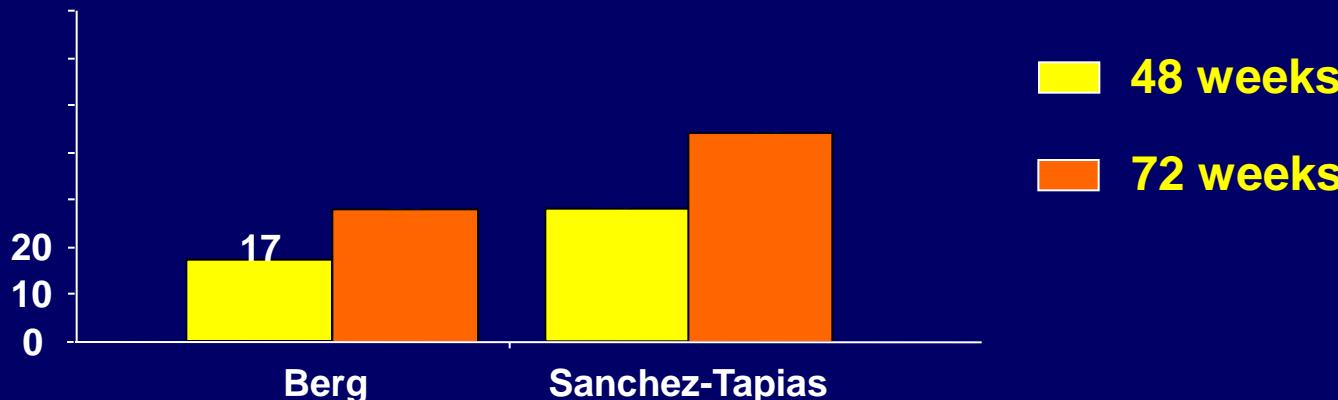


# Treatment Discontinuations

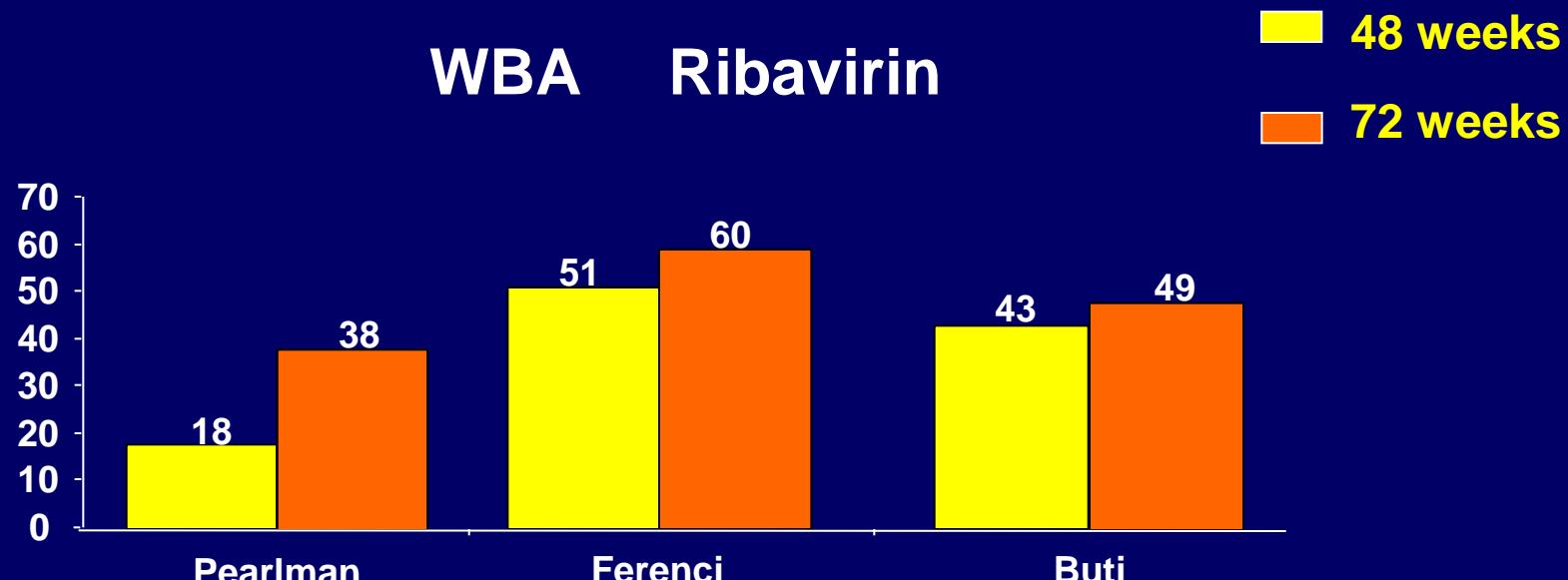
Patient, n (%)	Group A	Group B	Group C
	48 Weeks Tx	72 Weeks Tx	Complete EVR
n	86	73	816
Completed study	78 (90.7)	56 (76.7)	716 (87.7)
Withdrew early	8 (9.3)	17(23.3)	100 (12.3)
Due to AE	3 (3.5)	6 (8.2)	39 (4.8)
Lost to FU	2 (2.3)	1 (1.4)	21 (2.6)
No wish to continue	1 (1.2)	6 (8.2)	16 (2.0)
Noncompliance	2 (2.3)	2 (2.7)	16 (2.0)
Others	0	2 (2.7)	8 (1.0)

# Percentage of SVR in Slow Responders

Ribavirin 800 mg/day

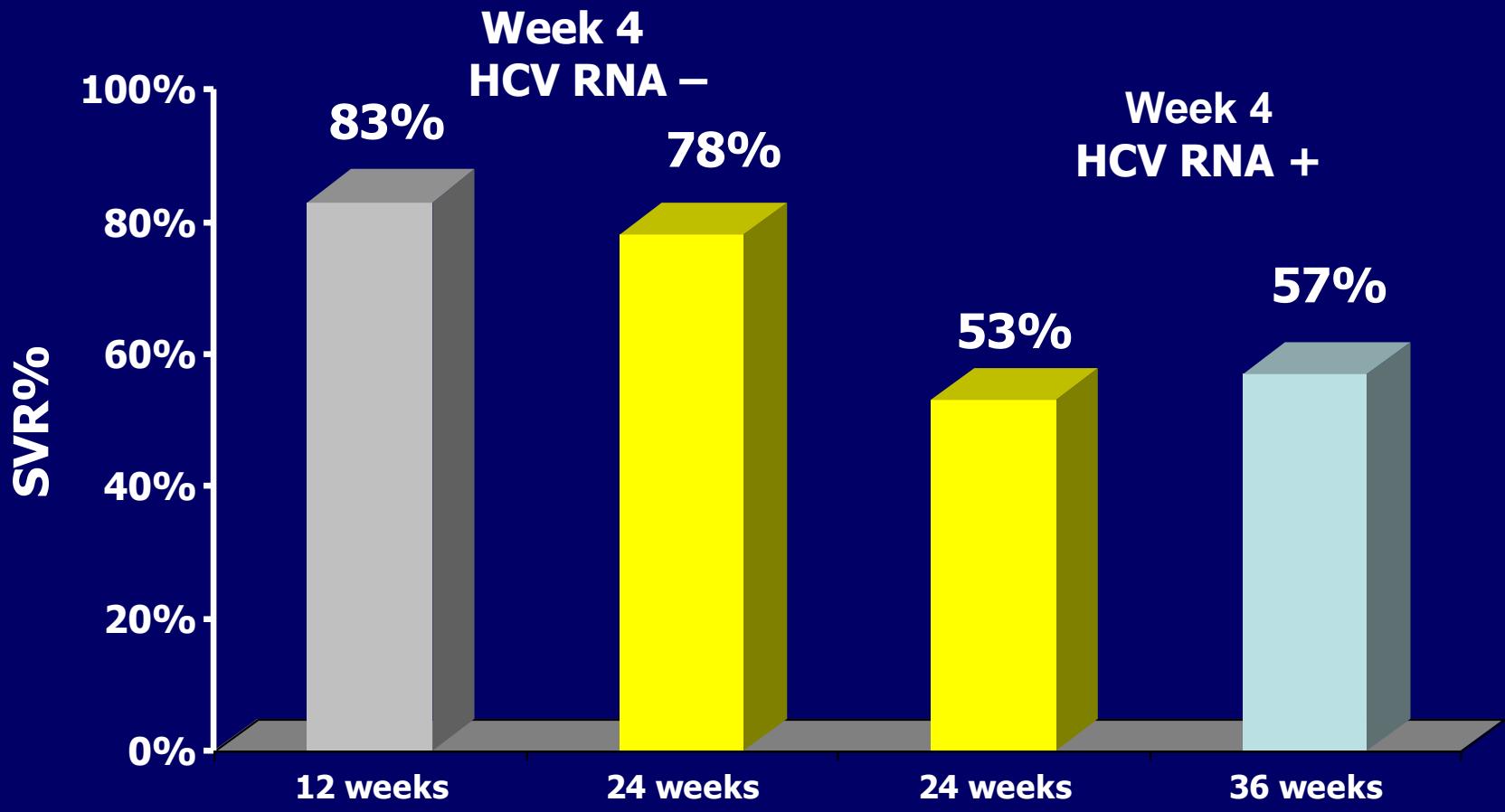


WBA Ribavirin



# Sustained Virologic Response in Genotype 2 and 3

PegIFN alfa-2b 1.5 µg/kg + ribavirin 1000- 1200



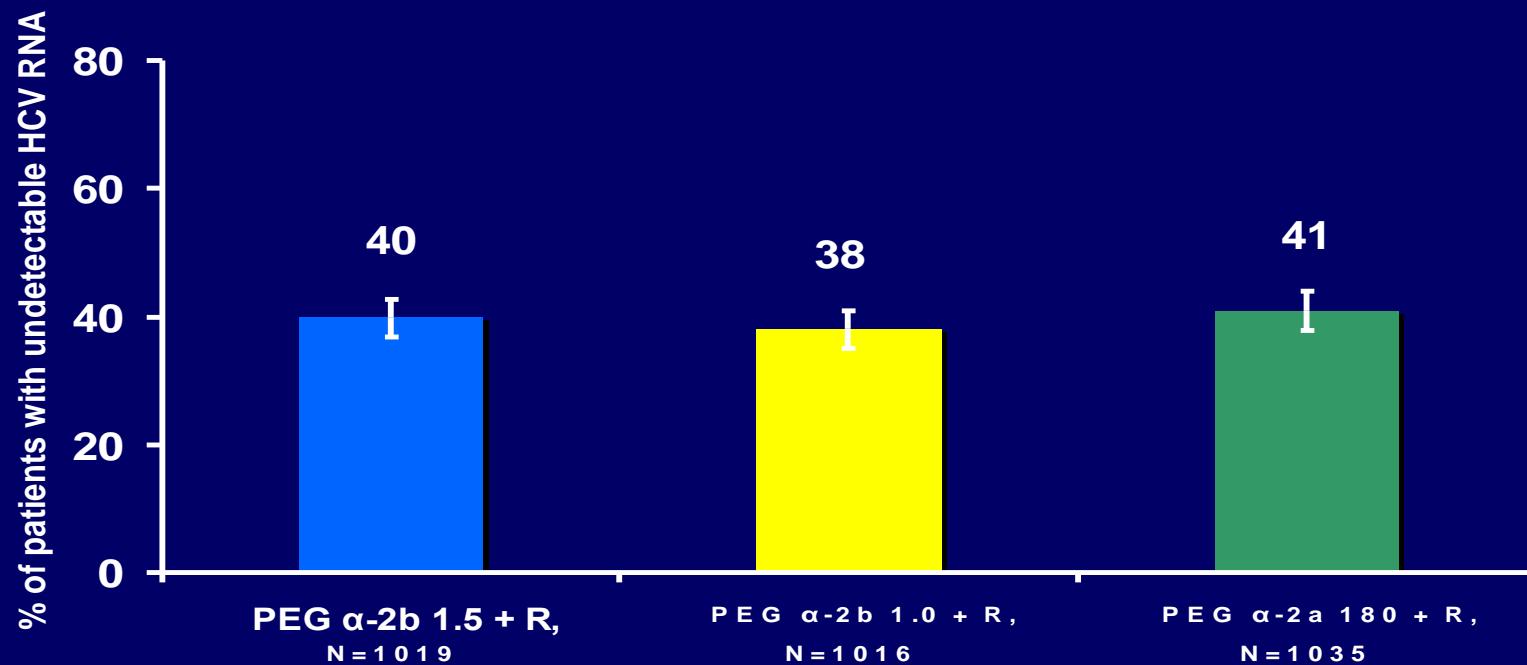
Mangia A et al. AASLD 2009

# **Optimizing HCV Treatment**

**Decrease Adverse Events and  
Discontinuation**

**Decreasing Doses of Peginterferon  
Shortening Therapy Duration**

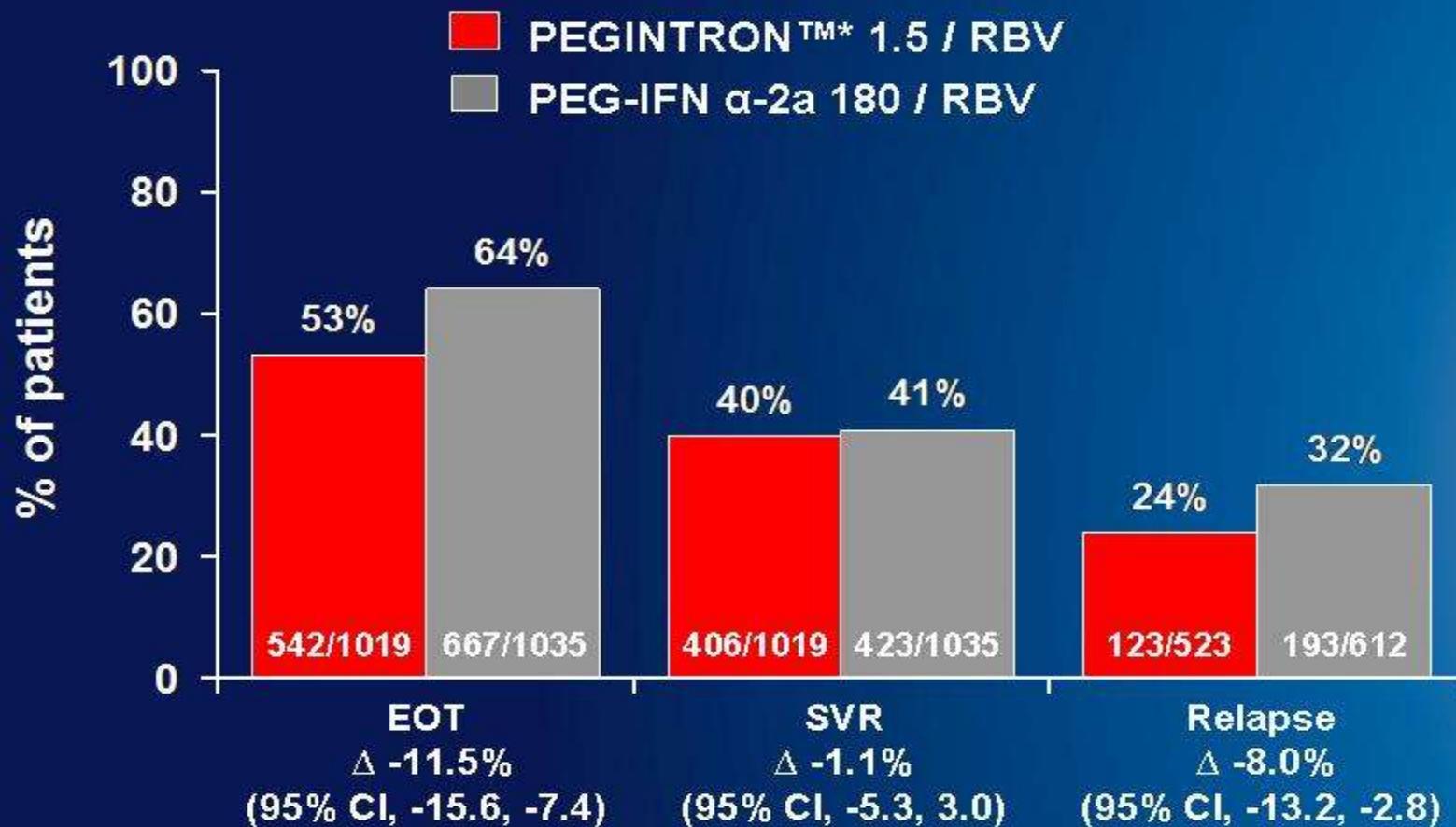
# SVR in U.S. Genotype 1 Patients (ITT)



PEG-IFN  $\alpha$ -2b 1.5/RBV vs PEG-IFN  $\alpha$ -2a 180/RBV, p-value 0.57.

PEG-IFN  $\alpha$ -2b 1.5/RBV vs PEG-IFN  $\alpha$ -2b 1.0/RBV, p-value 0.20.

# EOT, SVR, and Relapse Rates<sup>†</sup>

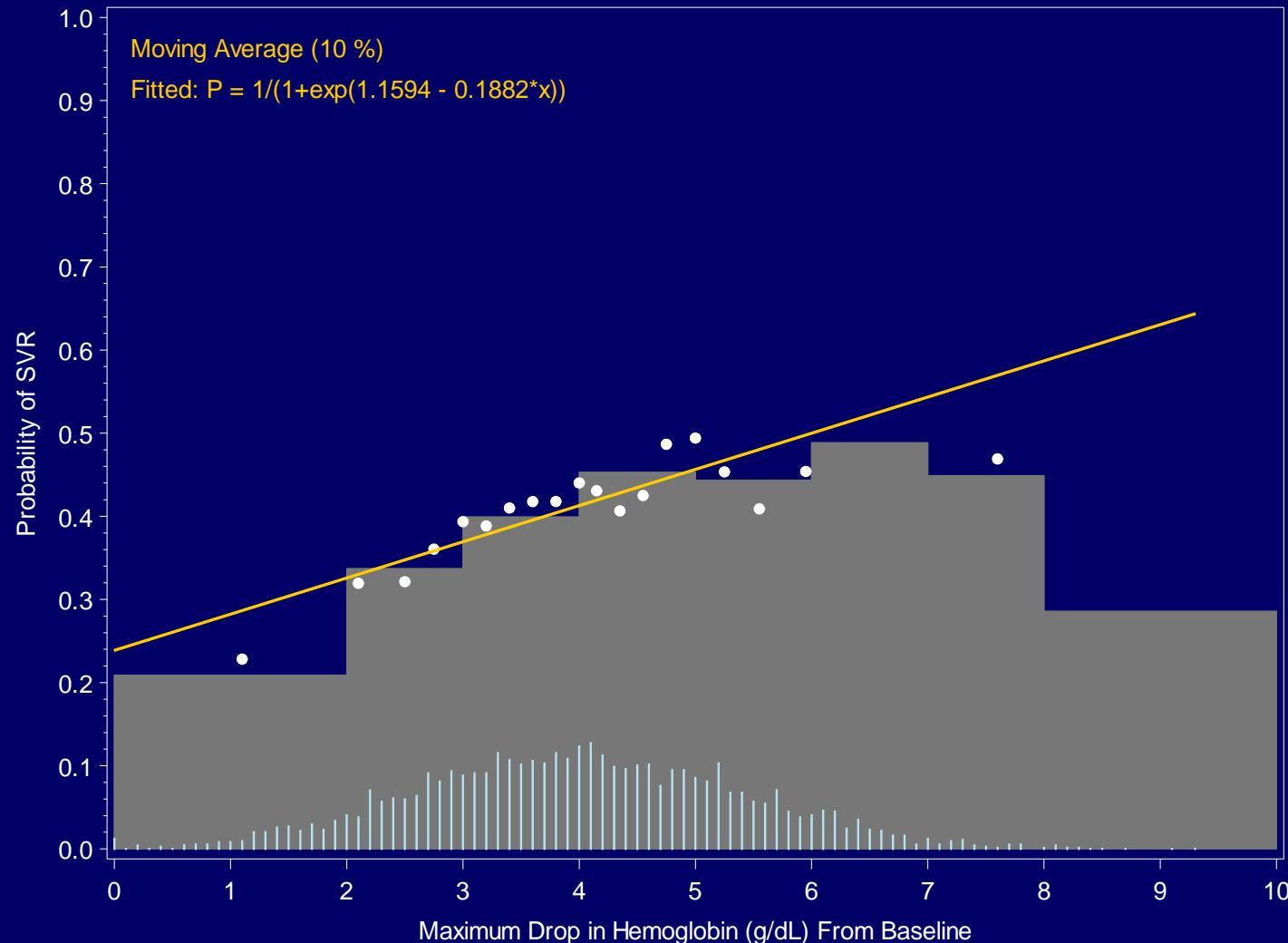


<sup>†</sup>Relapse rate was a prespecified analysis.

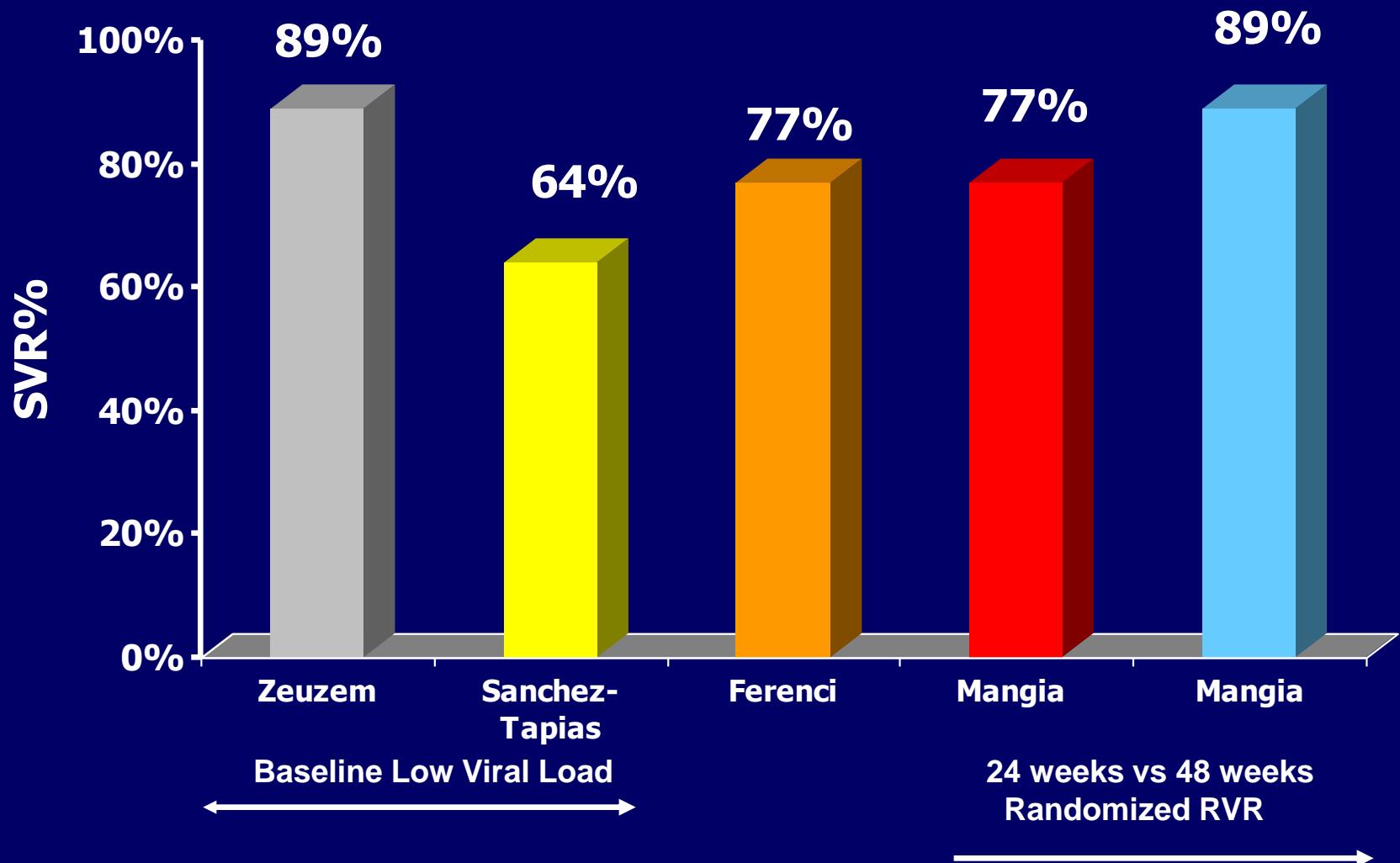
\*PEGINTRON™ (Peginterferon alfa-2b) Powder for Injection.  
Data on file. Schering Corporation, Kenilworth, NJ.

# SVR and Maximum Hb Decline

Sustained Virologic Response: All Treated Patients (N = 3023)

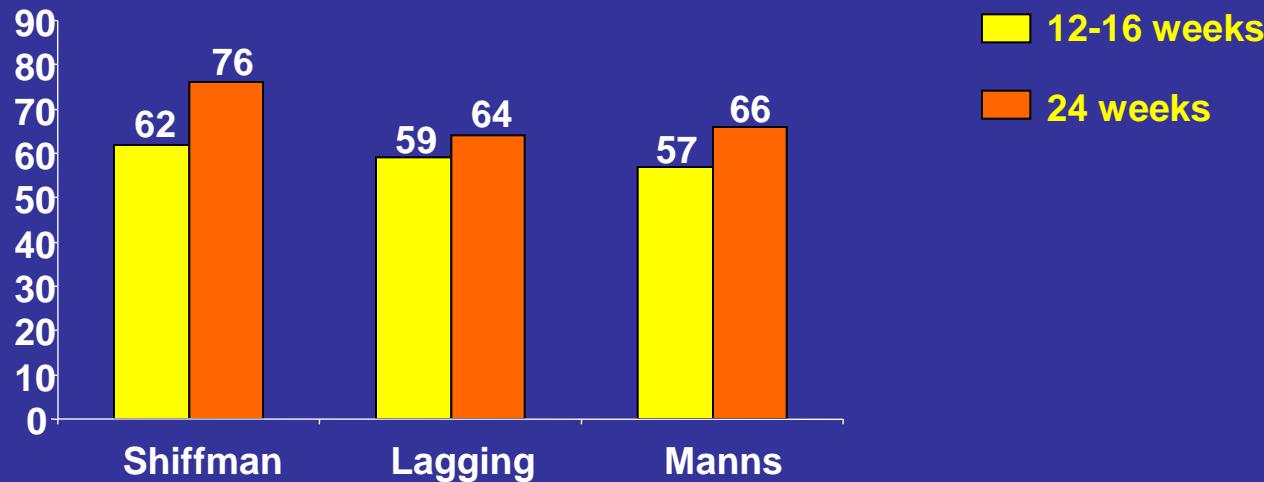


# Sustained Virologic Response in Genotype 1 patients with RVR treated for 24 weeks

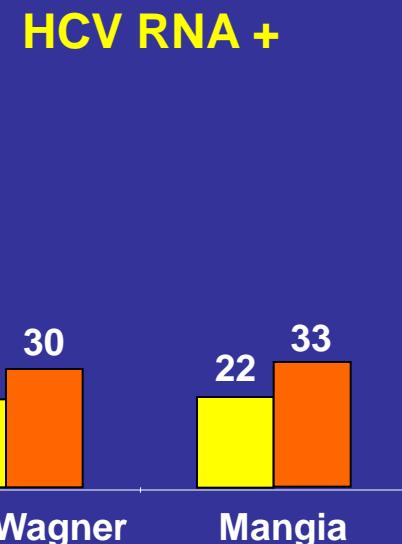
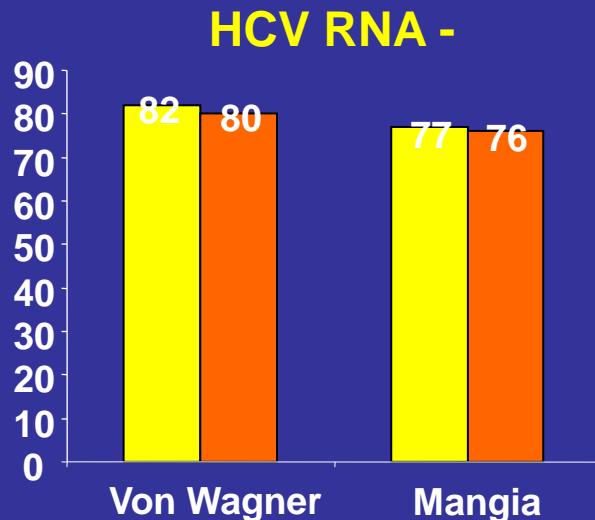


# Percentage of SVR in Genotype 2 and 3

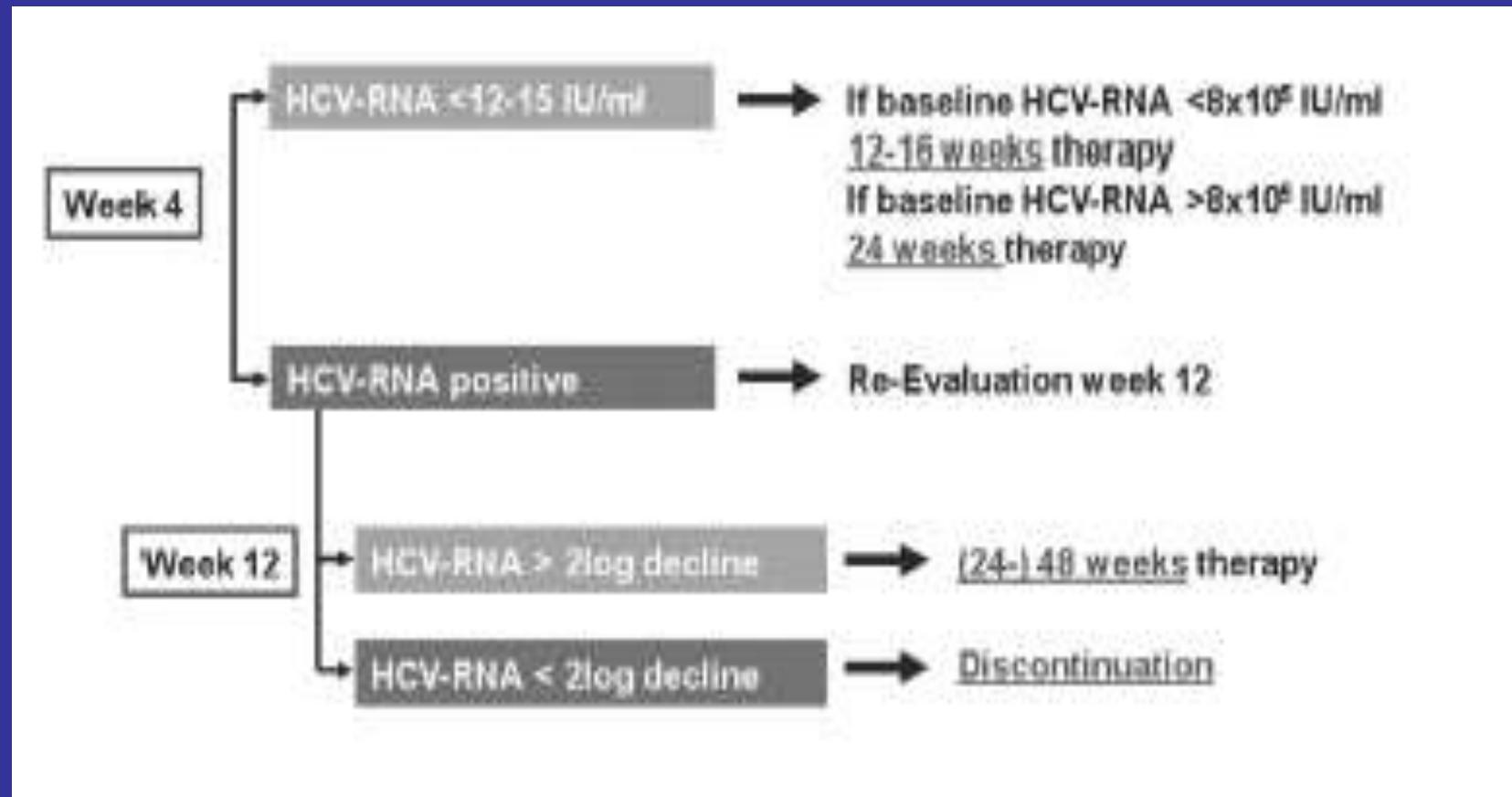
## Randomization at baseline



## Randomization at week 4



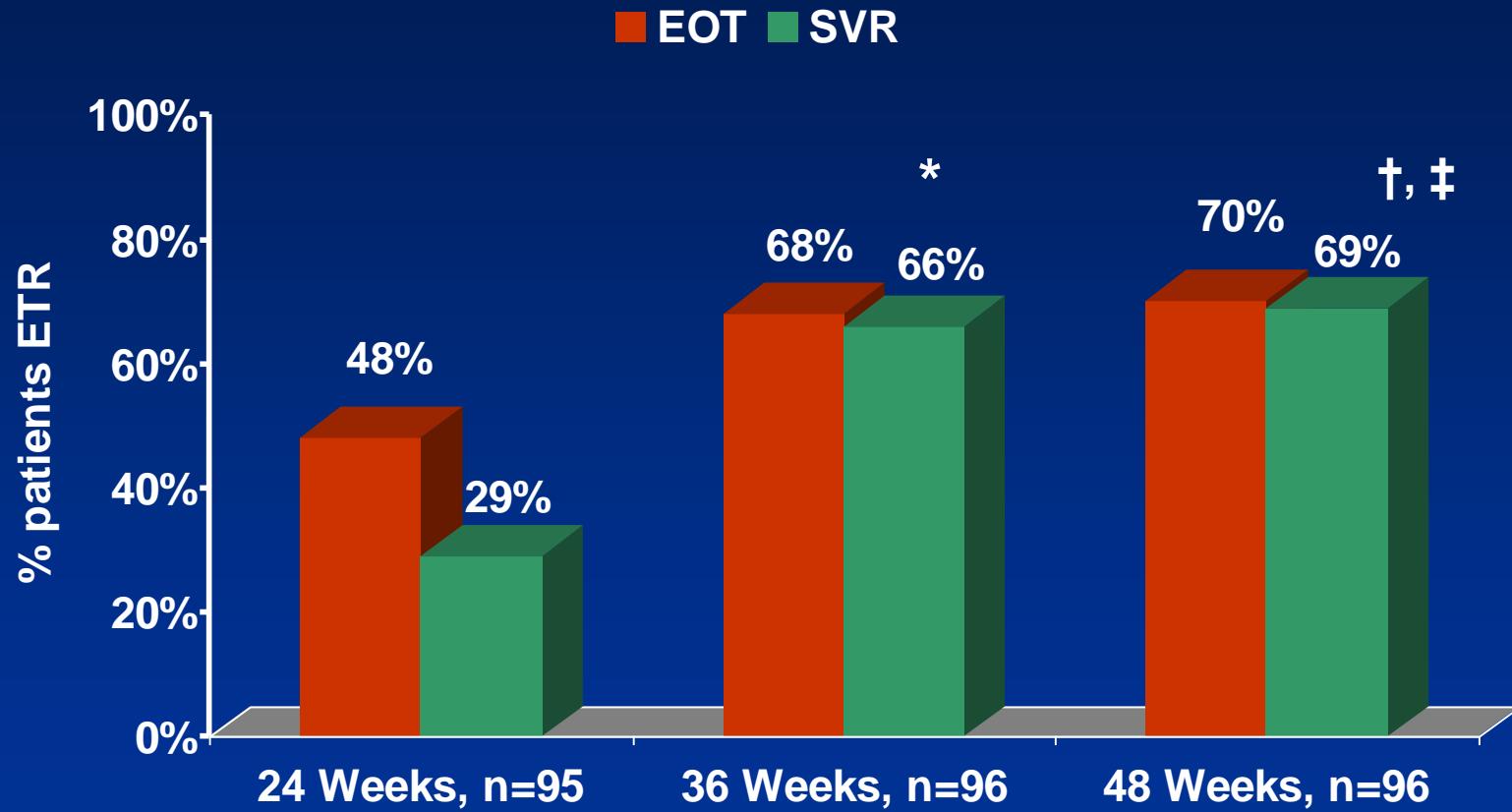
# Management of HCV genotype 2 and 3



# Therapy of HCV Genotype 4

## Patients. Virologic Response Rates

PEG-IFN  $\alpha$ -2b 1.5  $\mu$ g/kg QW + ribavirin 1,000–1,200 mg/day



\* p= 0.04 for 36 vs. 24 weeks  
† p= 0.4 for 48 vs. 36 weeks  
‡ p= 0.02 for 48 vs. 24 weeks

\* p= 0.001 for 36 vs. 24 weeks  
† p= 0.5 for 48 vs. 36 weeks  
‡ p= 0.001 for 48 vs. 24 weeks

# Summary

- **Peginterferon and Ribavirin is the standard of care**
  - It is essential an appropriate dose of Ribavirin
  - Decreasing Peginterferon dosef is a safe and efficacious option for patients with bad tolerance
- **Therapy can be individualized**
  - shortening duration in patients with low viral load, RVR, and probably IL28b CC
  - Prolonging HCV therapy can benefit very selected patients, young patients with good adherence, slow virologic response, and probably IL28bCC
  - When new DAAs are approved, all that we have learned with the current therapy will be very useful to optimize treatment with the new drugs